

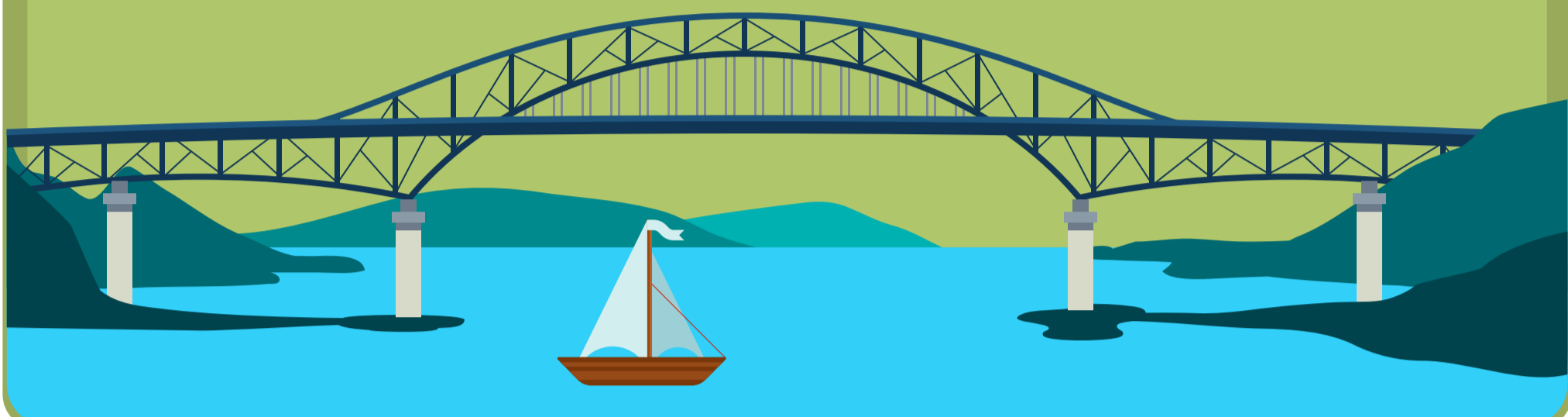
Insider's View of Panama

Panama
San Blas
Gamboa

2

PANAMA CITY | PARTIAL TRANSIT OF THE CANAL

After breakfast this morning, embark on a once-in-a-lifetime journey to traverse the Panama Canal! Arrive by motor coach to Gamboa and board your ship, then enter the Panama Canal at the north end of Gaillard Cut, the narrowest section of the Canal.



4

SAN BLAS ISLANDS

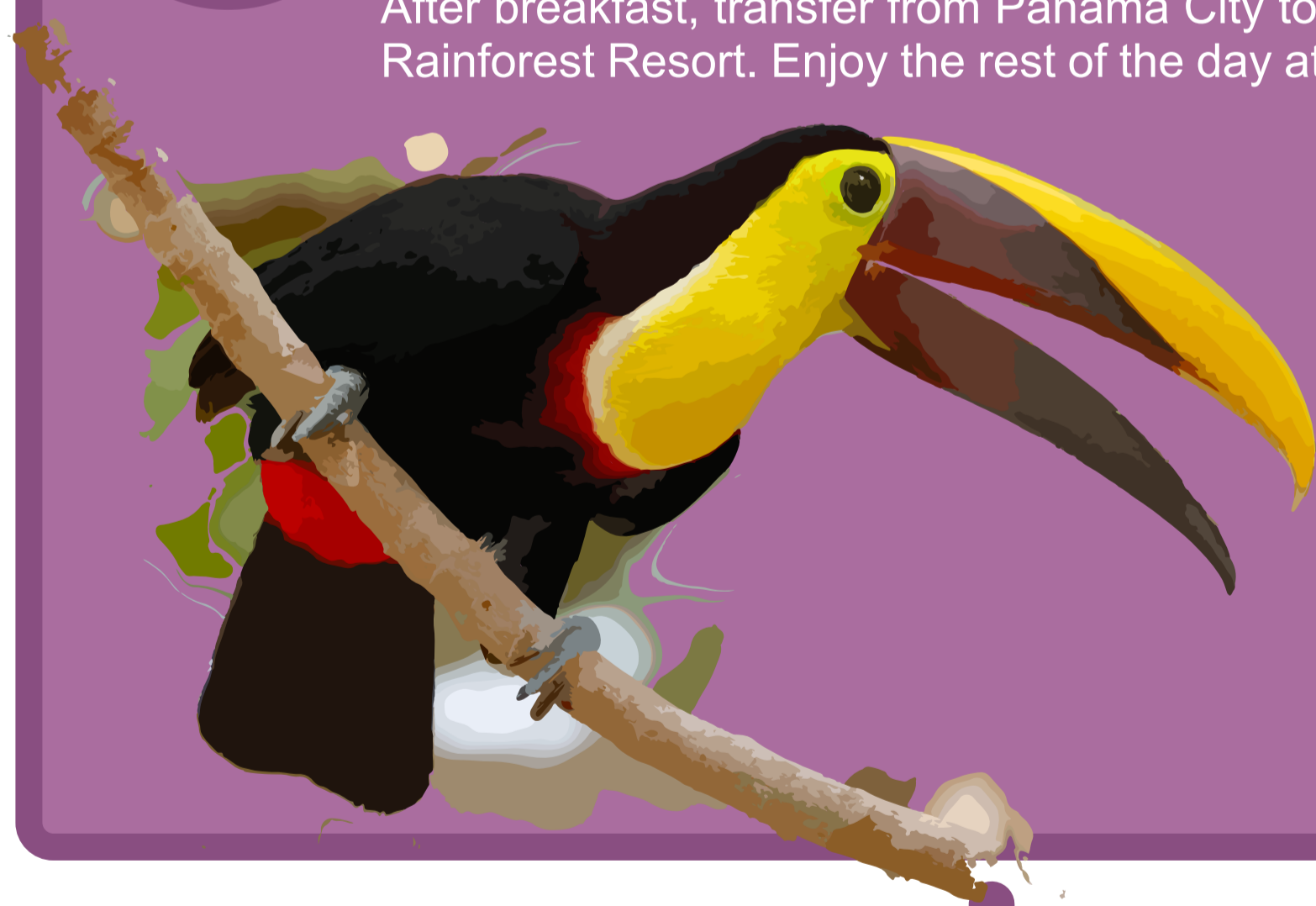
A day of blissful island and beach fun awaits today! This indigenous territory is made up of more than 365 islands northeast of Panama proper. Come along to visit beautiful beaches and take in the pristine natural beauty. Swim, snorkel, and dive the area's splendid waters. Taste authentic local recipes and abundant fresh seafood.



6

PANAMA CITY | GAMBOA

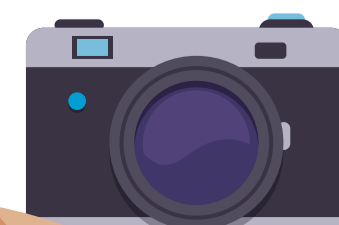
After breakfast, transfer from Panama City to the Gamboa Rainforest Resort. Enjoy the rest of the day at your leisure.



8

GAMBOA | PANAMA CITY TO USA

After breakfast, you will be transferred to Tocumen International Airport for your international flight home.



1

PANAMA CITY

Welcome to Panama! Upon arrival at Tocumen International Airport you will be transferred to your hotel in Panama City for check-in. The remainder of the day is yours at leisure to explore and get to know the capital of Panama. Take some time to stroll the Old Town.



3

PANAMA CITY | SAN BLAS ISLANDS

Rise and shine for an early morning pick-up and transfer to Albrook airport to board your flight to Playon Chico. Previously known as "Kuna Yala", The San Blas Islands beckon! Get ready to enjoy a spectacular beach day today and a tour to nearby islands.



5

SAN BLAS ISLANDS | PANAMA CITY

Board the 7:00 am flight to Panama City then enjoy breakfast followed by a visit to Miraflores Locks, where interactive exhibits explain the history and workings of the Canal, its rich rain forest and waterways, and for the "grand finale" see ships on their voyage through the famous Panama Canal Locks.



7

GAMBOA

Early morning, depart to Chagres National Park where you step into a canoe and glide on to the Embera indigenous village. Discover their history and traditions, see a performance of tribal dances and drums, and savor a traditional lunch. Learn about their relationship with nature, shop handmade crafts, and have a body art experience with traditional "jagua", a natural dye.

