

# COOKING PROGRAM

---



At the center of the Mediterranean, Malta beckons! Here you will stand in awe at the contrast from the deepest of Mediterranean blue waters to a landscape of honey-colored hues, and the sparkling sun that glistens upon it all. This fascinating land has been shaped by vast civilizations, from the Phoenicians to the British, Romans, Arabs, Swabians, Normans, various sects of Italians and Sicilians, and the French in between. Happily, Malta has emerged triumphantly intact and its treasures await you. Beyond traditional touring, we invite you to explore this captivating culture through its cuisine on our inspired food and wine travel program. Let your tastebuds delight in every experience as you discover delicious Maltese and Mediterranean cuisine, featuring flavorful farm to table ingredients and the freshest seafood, Malta's renowned wines, delectable pastries and desserts, and so much more! Come share authentic memories of a lifetime as you savor every moment of your time in Malta with Central Holidays.

# MALTA, A FOOD & WINE PARADISE

5 Days FROM \$528



Maltese delicacy rabbit stew

## INDEPENDENT PROGRAM

(5) Valletta



# - No. of overnight stays

## INCLUDED FEATURES

- First class hotel accommodation for 4 nights
- Daily buffet breakfast
- Half day Valletta tour
- Farm to table hands-on cooking class, followed by lunch
- Palazzo to wine cellars tour, including wine tasting
- Document holder and luggage tags
- Hotel taxes and service charges

From price is per person, double occupancy, and based on the following hotel:

Malta: Victoria

## HIGHLIGHTS

### Farm to table hands-on cooking class, followed by lunch

In the early morning you will visit 600 acres of farmland situated a few steps away from the cooking class location. Here, you will choose and harvest the freshest seasonal ingredients. Under the chef's guidance, you will learn how to choose and use the best seasonal products and cook a delicious meal. The farm visit will be followed by a three-hour hands-on cooking class. Enjoy your meal, accompanied by locally produced wine!

### Palazzo to wine cellars tour, including wine tasting

This is a very special tour, combining Malta's foremost aristocratic palace with 400-year old wine cellars where Malta's premium wines are allowed to mature. Palazzo Parisio has been described as 'a miniature Versailles'. Its intricate interiors contain fine frescoes, magnificent marble works, mirrored walls, tromp l'oeil, rare paintings and extravagant gilding. The beautiful landscaped gardens, acclaimed as being among the finest in Europe, reflect the splendor of this gracious home. After the opulence of the palazzo, one of Malta's leading wineries welcomes you to its cellars where you will be given a detailed explanation of local wine making and invited to sample a selection of wines and local savories.



Maltese date filled snacks

A selection of different hotels, room category, additional nights, transfers and optional tours are available. Program's validity and/or some included features may vary.

Arrangements by  **Central Holidays**<sup>TM</sup>  
Since 1972 A Company of 